The Hampden Hippocrat

A Bulletin for the Hampden District of the Massachusetts Medical Society

VOLUME XI SUMMER, 1955 No. 3

REFRESHMENT

Surely it was not in that swift flight across three States and most of the Province of New Brunswick on well-paved toll-gated highways that surcease came—no, not with the heat and humidity soaring past ninety degrees! There were incidental side-effects though to furnish cheer, — that delectable clam chowder at the Four Seasons Inn just beyond Freeport that puts to shame the watered tomato soup which is acclaimed as such in New York.

Further up on the hump of Maine, spruces began to appear and the swelling glacial drumlins hinted of forms worthy of Paul Bunyan sleeping under lush green potato-patchwork quilts. The old commercial Lincoln Hotel, surprisingly, offered 20th century comfort in spic and span motel units at the back. Shower baths and comfortable beds offered welcome relief. The complete demolition of lobster meat fried in butter, and other such cates gave proof enough that the inner man was being comforted.

At the border, Anglo-Saxons instead of Canadians of French heritage as in Quebec, examined credentials. They impounded ethyl spirits on no other pretext than merely to protect Johnny Walker and his cousins! Refreshment deferred, so to say. Good motor transport proved equal to long stretches of pock-marked roads in the process of replacement, but the sandwiches were undeniably shaken down. Landscapes sliding by on both sides were distinct from those of Maine. Fewer potatoes bloomed; the hay was no longer cut and baled in one operation. Old-fashioned hay rakes and split-rail fences bespoke a simpler economy. Husky horses with bushy fetlocks cropped the white clover in the gloaming. Fence corners were filled with pulpwood stacked in readiness for delivery. Yes, images of diapers and bandages were steadily being supplanted with new sights.

At last after 666 miles, the broad highway was left behind for a narrow dirt road puctuated by a pair of steel rails and beyond them a gate to keep young cattle on the right side of the railroad track. At the base of a steep curve the road levelled off on the banks of one of the world's famous rivers, the Miramichi that empties into the Gulf of St. Lawrence. The prospect of taking silver Atlantic salmon was emerging from the realm of dreams to reality. We hoped to see one jump in the Rainbow pool to justify the derivation from the Latin root **salire,** to leap, (surmise Webster's successors).

Some vacationers might not find recreation in casting feathered hooks hour by hour, or in riding a bucking jeep over rocky mountain trails, or wading in remote tributaries on slimy rocks with leaky boots, battling meanwhile midges, deer flies and hungry mosquitoes.

As for me, there is no form of recreation that will restore equanimity and zest for life so completely or so soon.

P. S. The ospreys caught no salmon either.

S. Q. Lapius

Hampden Hippocrat

"Life is short and art is long, the occasion fleeting, experience fallacious and judgment difficult." —Hippocrates, 430 B.C.

This Issue 700 Copies

OFFICERS OF THE
HAMPDEN DISTRICT MEDICAL SOCIETY

President—Joseph P. Derby, M. D.
President-elect—Harold J. Holloran, M.D.
Secretary—Allen G. Rice, M. D.
Treasurer—Howard Brown, M. D.

EDITORIAL BOARD

Edward P. Bagg, *Editor-in-Chief*
Eoline Dubois John A. Burke Jerome Whitney
John C. Ayres Max Millman

two pence" and have promised to repay more on the return trip.

AVE REDACTORES

The Hippocrat welcomes to the editorial board Drs. John C. Ayres and Max Millman. Both are busy men, but that is an attribute that augurs well for pertinent comment on current medical problems. Clarity of the Millman style speaks for experience, (See recent numbers of Today's Health). Dr. Ayres' thoughtful and impartial report upon the status of vaccination against poliomyelitis deserves careful reading. We hope that these pages henceforth may carry many messages in behalf of better health for the citizens, (and others), of Hampden District.

HEAR YE! HEAR YE!

Once again the opportunity is offered for brushing up fundamentals and keeping abreast of advances in therapeutics in the course offered by the Post-Graduate Medical Institute starting at the end of September. Those of us who have enjoyed sessions at the Holyoke Soldiers' Home in the past would urge other fellows to take advantage of this unusual opportunity. With few exceptions, the younger men have been chosen and trained for the faculty and the subjects have been selected by your own representative committee.

Many individuals have stated that the lectures did not apply to their specialty, but is it not vital, therefore, for men so limited to increase their general knowledge?

We of the Connecticut Valley are much indebted to the Institute sponsored by our State Society and to such individuals as Mrs. Troutwine and Dr. William Kaufman who have handled the details. We urge participation. Details are presented on Page 7 in this issue.

MEDICAL READER

For thin-skin readers it would be as inadvisable to attempt to follow Robert Ruark into troubled Kenya by reading his forthright novel, 'Something of Value', as it was for the fellows of the Massachusetts Medical Society to take their ladies to the annual dinner several years ago when medico-legal pathology was set forth in lurid colors both as to illustration and details. But for the serious sudents of present day conditions, this revelation of the tragic situations in which the white settlers find themselves in the midst of hostile natives will be amply repaid. The conflict is stated not only with deep understanding but with compassion. Perusal might well be postponed until cooler weather.

COMPLIMENTS
T. P. Sampson
Springfield

COMPLIMENTS
Ernest A. Byron
SPRINGFIELD

Address Correspondence to Business Manager:
Dr. W. A. R. Chapin
121 Chestnut Street, Springfield, Mass.
Telephone 2-7213

"WHITHER POLIO VACCINE"

Medical science has not always progressed forward uninteruptedly, nor can it be said that it will in the future. Throughout the history of medicine, most great advances have been made in a step-like fashion. Each new and unforseen obstacle has been overcome, usually slowly, as it has been encountered. There has always been a certain amount of acceptance of risk, trial and error, discovery of new knowledge, and application of this new knowledge in the ever forward press of progress.

The development of the Salk polio vaccine is an example of this process but at a much more rapid rate. Progress has been so telescoped in time that the vaccine has been developed, tested, and used in a matter of months instead of years. Procedures appearing to be sound and adequate on the basis of available knowledge have been and will continue to be modified in the light of an ever growing body of scientific experience.

The Salk polio vaccine purports to be a suspension of three types of polio virus rendered harmless by inactivation but still capable of inducing the production of antibodies. The processing of the vaccine is a delicate and complex operation. Changing from small scale production for experimental purposes in 1954 to large scale manufacture in 1955, many new variables have been introduced with ample opportunities for unfortunate sequelae.

Careful and exhaustive studies of last spring's misfortunate incidents have revealed that the inactivation process did not always follow the predicted course. Positive tissue culture tests not infrequently occurred after the expected completion of the inactivation process. Because of this, it has been decided to place greater dependence on sensitive tests for very small quantities of residual live virus as part of the process control.

At the present time, it is the consensus

(Over)

NEW PHOSPHORUS-FREE
PRENATAL DIETARY SUPPLEMENT!

CYESICAPS provide both mother and child with every needed vitamin and mineral. Calcium is supplied as calcium lactate, its most easily assimilated form. This phosphorus-free formula, requested by many obstetricians, is indicated throughout pregnancy and lactation. CYESICAPS are dry-filled, soft gelatin capsules (an exclusive Lederle development), and cause no oily aftertaste.

Recommended dosage: 1 or 2 capsules, 3 times daily.

LEDERLE LABORATORIES DIVISION
AMERICAN Cyanamid COMPANY Pearl River, New York
*TRADE-MARK

Lederle

CYESICAPS*

Prenatal Dietary Supplement

of experts that it is impossible to be absolutely certain that a single batch of inactivated virus fluid may not contain some minute particles of active virus material. However, it is also felt that the risk of a virus particle escaping inactivation can be reduced to a minimum by rigid and multiple safety tests. With an eye to the same, rigid standards have been adopted by the Laboratory of Biologics Control of the National Institute of Health.

A problem beyond that of safe production is the possible provoking effect that the polio vaccine might exert when used during periods of high polio incidence. Evidence has been scanty that other injectables increase the risk of converting an asymptomatic polio infection into a paralytic one; whereas, the localizing effect of paralysis by other injectables to the injected extremity has been clearly shown. The risk of the latter, however, is extremely small. Insofar as injection with polio vaccine is concerned, it must be remembered that the vaccine stimulates an immune response against the polio infection itself; whereas, other injectables do not.

"Down South" in 1954, during the field trial of the polio vaccine, cases were already occurring as well as undoubtedly associated asymptomatic infections; yet, there was no evidence of a provoking effect. In 1953 during the eight weeks following the release of the vaccine, over two million injections in fourteen Southern states did not show evidence of a significant provoking effect.

Since the vaccine is not 100% effective, a small proportion of vaccinated individuals can be expected to subsequently develop the paralytic disease, especially, during epidemics. Individuals vaccinated during the early silent period of an infection may not be protected and may be subject to the localizing effect. Finally, if there is such an effect as paralysis provocation, the risk is very small and can be further reduced by avoiding inoculation of individuals while they are exhibiting symptoms of minor illness or if they are household contacts of a polio case.

Up to the middle of July, slightly over two hundred cases of polio have been reported amongst six and one half million children who received at least one injection of the polio vaccine with approximately forty percent of the reported cases being of the non-paralytic type. On the basis of these figures, it can be stated definitely and without reservation that inoculations with polio vaccine have not increased the incidence of polio above the expected average. This is all the more so if one discounts the fifty-six paralytic cases for which there is "strong presumptive evidence" of a "cause and effect relationship" between onset of illness and injection of vaccine of one manufacturer. As a matter of fact, the preventive effects of the vaccine become increasingly apparent as time goes on.

The problems associated with distribution of polio vaccine are many and varied. So long as supply is short, a system of priorities as well as a system of equitable distribution will have to be agreed upon and strictly adhered to. Priorities, as now set, allow primary eligibility to children age five through nine with those age one through four and ten through fourteen following in that order.

Latest advice on the availability of the vaccine is that official public health agencies will be able to obtain vaccine for second doses to children in the program

COMPLIMENT
Curran-Jones
WEST SPRINGFIELD

Compliments
Albert J. Rypysc
Springfield

POLIO VACCINE

sponsored by the National Foundation for Infantile Paralysis as well as other children in the five to nine year age group some time during August. After these demands are met, the residue will go into commercial distribution for purchase and use by physicians in their private practices. As of mid July, almost four million cubic centimeters have been approved since the revised testing requirements were adopted on May 26.

In conclusion, it must be emphasized that in using any preventive or therapeutic substance, some risk always exists. However, this risk must be negligible in comparison with the hazard of the disease in question. In accordance therewith, the potential benefits of the Salk vaccine are so much greater than the possible hazards that it can be recommended for continued use in the prevention of poliomyelitis.

John C. Ayres, M.D.,
Springfield Department of Health

MEDICAL READER

It was expected that "Wanted, Tall Men" would be in our hands by July 1st. The truck srtike has held the shipment up somewhere along the line from Michigan, and when the strike is over, the books will arrive.

I trust that the fifty-eight doctors who definitely ordered this book from me will be patient. I am not unmindful that half of these men paid for the book in advance with the understanding that it would have been in their hands long ago.

The first printing will consist of 500 copies, and 150 of these have been spoken for already. The sales will be from my office because I find the bookstore commission is 40%. As many of you know, $4.20 is the sales price delivered. Each book is costing us $5.00 to print, so we cannot afford a 40% sales charge in this case.

Books called for at the office will be $4.00 each.

W. A. R. Chapin

"You're OK but let's take off a few pounds"

REVICAPS provide easy appetite-control for those patients who are dangerously overweight, and they are ideal for the man or woman who doesn't require a drastic diet, but will benefit from losing a few pounds.

REVICAPS supply d-Amphetamine to elevate the patient's mood, methylcellulose to furnish bulk, 21 essential vitamins and minerals.

The prescription product that helps reduce weight

REVICAPS*

d-Amphetamine—Vitamins and Minerals Lederle

Bottles of 100 and 1,000 ... sold on prescription only.

Dosage: 1 or 2 capsules, ½ to 1 hour before each meal.

LEDERLE LABORATORIES DIVISION AMERICAN Cyanamid COMPANY
PEARL RIVER, NEW YORK

Lederle
*TRADE MARK

MORE P-R, PLEASE!

In electrocardiography the term PR is used as a measure of conduction time between auricle and ventricle. In organized medicine PR is also a yardstick, but of a different type entirely. Here these abbreviations stand for Public Relations, and are used to measure the attitude of the public towards the medical profession. PR today is a topic of great concern to medical leadership everywhere. The problem is far from simple, and poses a long list of difficult questions.

First of all is our PR index at the moment unfavorable, or low? Is it deteriorating? Is it worse than it was let us say, ten, twenty-five or fifty years ago? Probably not, although it may appear so on the surface. Physicians, it seems have always more or less bemoaned the passing of the good old days, when PR, presumably was just what the doctor ordered. In his keynote address of a year ago Doctor Elmer Hess, then President-Elect of the A.M.A. quoted a Peoria, Illinois physician, who as far back as 1881 complained that the physician - patient relationship of that day was in a bad way; that it was nowhere near as good as it was thirty years earlier, and that it was getting worse all the time. This would indicate that the PR problem is nothing new. One might speculate that it is probably as old as medicine itself. There is much in the writings credited to Hippocrates to indicate that the Father of Medicine fully appreciated the value of good relationship between doctor and patient.

Nevertheless the general belief at the present time is that PR in medicine could stand plenty of improvement. Hardly a day goes by when our profession is not subjected to a barrage of criticism, most of which is unwarranted. We are frequently blamed not because our deeds are necessarily faulty, but because they are so often unknown or misunderstood. Modern PR programming should strive to bring authentic information and education before the public. Pamphlets, brochures, radio, television, public forums and speaker bureaus are now employed in many areas, the idea always being that the well-informed layman is the doctor's best friend. In addition, many medical societies endeavor nowadays to foster and to maintain good relations with the press, and with dentists, nurses, technicians, druggists and hospital administrators.

Compared with this, our own efforts until recently have been rather feeble. Perhaps we have failed in the past to appreciate sufficiently the importance and significance of good PR. Perhaps we have lacked a more definite program, and perhaps we have relied too much on the A.M.A. and the Massachusetts Medical Society. We have learned of late, however, that all we can expect from our parent organizations is guidance and assistance, but that the actual work still has to be done right here by our own District Society.

The big turning point came apparently about a year or two ago when a new and more vigorous approach to the entire problem of PR was initiated. Our Public Relations Committee was then completely reorganized and programming has since taken place. It is gratifying to note that 1955-56 promises to be a year of continued activity in Hampden District. The new administration has apparently committed itself to several very interesting and stimulating PR projects. Efforts to correct press relations are well under way, and plans are being mapped just now for a T-V series, as well as a Public Health

POMEROY — WILLIAMS CO.
95 States St., Springfield, Mass.
Phone 3-3217
Fourth Floor Take Elevator
"SURGICAL APPLIANCES EXCLUSIVELY."

VI-SYNERAL
Trade Mark Reg. U. S. Pat. Off. Brand of
VITAMINS and MINERALS
U. S. Vitamin Corporation
New York, N. Y.

Forum. A number of sub-committees have been formed, and these are already functioning quite smoothly and efficiently. The Auxiliary will undoubtedly continue with its own excellent work of the past. The Springfield Academy of Medicine has enlarged its PR committee, and has pledged cooperation whenever possible. All in all, this promises to be a very busy and active season for Hampden District and PR.

The success or failure of these activities depend on each one of the more than 400 members of the Society. The activities mentioned cannot possibly be carried out successfully by our Public Relations Committee alone, regardless of how industrious and enterprising it might be. Many members will be called upon to serve on sub-committees, and many others will be asked to participate in the programs proper. The final outcome, therefore, depends in large measure on the response and co-operation of the entire Hampden District membership.

And finally, it need hardly be stressed that PR, good or bad, begins in the doctor's office or at the patient's bedside. Authorities in the field tell us that eighty per cent of the success of PR rests on the behavior of the individual physician. Dealing, as physicians do, with morbidity and mortality, and above all human frailty, they will probably always remain vulnerable to criticism. In the meantime the fact remains that a crying need exists for better and more positive public relations. The only way this ideal state can be accomplished successfully is by united effort on the part of all the members of our District Society. M. M.

"Modern Concepts of Diagnosis and Therapy for Everyday Practice."
Holyoke Soldiers' Home, 7:30-9:30 P. M.
Sponsored by the P. G. Institute, of the Massachusetts Medical Society.

Again this year the course is offered to cover the subject matter that was chosen by our own areal committee with a view to reviewing underlying fundamentals and to practicality as well. The sessions, please note, will start two weeks earlier this year so as to avoid interference with the Clinical Meeting of the American Medical Association that is to be held in Boston from November 29 to December 2, 1955. The Friday November 11th. meeting will be omitted because of Armistice Day.

Further information about the course may be obtained by writing directly to the Postgraduate Medical Institute, 22 Fenway, Boston. Pamphlets should be available in the very near future. Dr. William Kaufman, Chairman for this area also can supply details. The schedule follows, Sept. 30, '55, "Office Examination and Treatment of Cancer"; Oct. 7, '55, "Epidermoid Carcinoma"; Oct. 14, '55, "Adenocarcinoma and Other Carcinomas"; Oct. 21, '55, "New Methods in the Treatment and Prevention of Cancer"; Oct. 28, '55, "Symptoms and Signs of Renal Disease and Tests of Renal Function"; Nov. 4, '55, "Treatment of Kidney Disorders"; Nov. 18, '55, "Hypertension and Urologic Disorders"; Nov. 25, '55, "Antibotics"; Dec. 9, '55, "Dermatology"; and Dec. 16, '55, "Steriods".

Absorbine Jr.

Compliments
George St. Pierre
Springfield

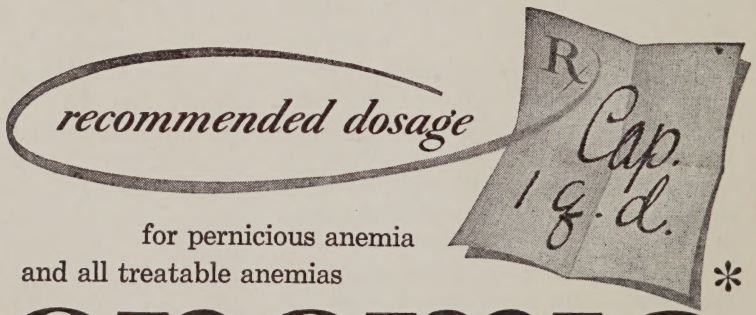
Harris Pharmacy
139 Chestnut Street
Springfield Massachusetts

CHILD SAFETY CAMPAIGN

A new venture in public relations will be launched by the District Society during the week of September 11th. With the cooperation of the druggists of the county, through their local associations, an educational campaign will be conducted, designed to acquaint the public with the seriousness and importance of the problem of prevention of accidents and accidental poisoning in childhood. The officers of the Society are hopeful that all members will cooperate in this campaign as enthusiastically as the druggists and various public officials who have been most interested.

Mayor Daniel B. Brunton has agreed to proclaim the week of September 11 as Child Safety Week. Daily releases are being prepared for the newspapers of the county, radio stations will present spot announcements, and television stations are planning special programs during the week.

An overwhelming majority of the drug stores in the county will carry a window display calling attention to the campaign, and inviting the public to come inside and obtain a free booklet describing accident prevention in children, and a free packet of "universal antidote" containing: charcoal, two parts; tannic acid, one part; and magnasium oxide, one part. The dose is one teaspoonful in a small glass of water. The booklet, which is copyrighted by the Maricopa County Medical Society of Phoenix, Arizona, is being printed and furnished to the members of the Society and the druggists through the generosity of the Massachusetts Mutual Life Insurance Company. As part of the publicity it will be stated and reiterated that the booklet can be obtained from your druggist **or from your doctor,** and for that reason much thought had been given to the best method of distribution of the pamphlet to the physicians of the county. It is obvious that certain



for pernicious anemia
and all treatable anemias

Pronemia*

Vitamin B_{12} • Iron • C • Stomach • Folic Acid • Purified Intrinsic Factor Concentrate

a new and potent oral hematinic • one capsule daily meets the needs of the average patient

Formula contains all known essential hemopoietic factors:

Purified Intrinsic Factor Concentrate	10 mg.	Ferrous Sulfate Exsiccated	400 mg.
Vitamin B_{12}	30 mcg.	Ascorbic Acid (C)	150 mg.
Powdered Stomach	200 mg.	Folic Acid	4 mg.

LEDERLE LABORATORIES DIVISION AMERICAN Cyanamid COMPANY Pearl River, N. Y.

Lederle

•REG. U.S. PAT. OFF.

Society members, especially the general practitioners and the pediatricians, will meet with a greater demand for the booklet than will those in certain specialties dealing rarely with children; however, it seemed best to make sure that all of the members had a small supply available and so 10 copies are being sent to all physicians. It is anticipated that this will not be nearly enough for those whose practices are to any considerable extent made up of children or young parents, so certain druggists in each community have expressed their willingness to deliver extra copies to those doctors. A list of these druggists appears below. Contact the one nearest you.

Please do not distribute the pamphlets to your patients until the Campaign starts.

Good public relations are essential for good medical service. This campaign richly deserves the support of the entire Society.

SPRINGFIELD
Oak Grove Pharmacy—974 State Street
Six Corners Drug Store, Incorporated-296 Hancok Street
Arcade Pharmacy—190 State Street
Harris Medical Center Pharmacy—139 Chestnut Street
Kimball Pharmacy-101 Chestnut Street
Charkoudian Drug Store—3274 Main Street
Springfield Drug Company, Incorporated—758 Main Street
South End Pharmacy, Incorporated—925 Main Street
Roy A. Sunter Pharmacy—676 Dickinson Street

LONGMEADOW
Longmeadow Pharmacy, Incorporated—159 Longmeadow Street

WESTFIELD
Dewey's Pharmacy
Northside Pharmacy
Templeton Pharmacy

CHICOPEE
Guimond Drug Store—259 Exchange Street
Loiselle's Pharmacy—212 Exchange Street

CHICOPEE FALLS
C. W. King—117 Main Street
Trudeaus Drug—140 Broadway

WILLIMANSETT
Knightly's Pharmacy

ALDENVILLE
Ricards Pharmacy

THREE RIVERS
Horgan Pharmacy

SOUTHWICK
Southwich Pharmacy

INDIAN ORCHARD
Montcalm Pharmacy

LUDLOW
Booth Drug—25 East Street

HOLYOKE
Grenier Drug—518 Bridge Street
Dunn's Drug—229 Maple Street
Cowan Drug—12 Bridge Street, South Hadley Falls
Martin Drug—876 Hampden Street
Deny's Drug—448 Appleton Street
Hebert Pharmacy—49 Ely Street
Hampshire Pharmacy—60 Hampshire Street
Chester's Drug Store—305 Appleton Street

PALMER & MONSON
Chardoudian Drug—Main Street, Palmer

WEST SPRINGFIELD & AGAWAM
Agawam Pharmacy—715 Main Street, Agawam

T. F. Reilly, Chairman
H. I. V. Simpson, Vice Ch.
Public Relations Council
Subcommittee on Safety

HOT FLASH

"Vacationing stenographer beaching daytimes would like to be occupied nights to earn vacation money. Am fast and make no errors." **Your Weekly Guide to Cape Cod,** via Reader's Digest.

Professional Bldg. Pharmacy
Inc.
18 Maple Street **Springfield**

PLEASE PASS THE PLATE

My dentist has served me well in more ways than one, particularly since Father Time has precipitated dental crises that called for the services of Necessity, the well-Known Mother of Invention. The old-school tooth-tinkerer endeavored to save every possible molar by draining abscesses collaterally, or by killing and removing the throbbing nerve. A few individuals are still living who can remember the exquisite torture caused by the inmost searching of the denerving probes. Opiates, of course, were ruled out because the operator upon the victim's reactions to locate the end of the probe. If it broke through, infection was most probable. After the lacerated nerve had healed and plugs filled the root canals, most experimentees were grateful for a decade of painless mastication,—also for the mechanical niceties of telescoping caps and intricate bridge-building.

But the modern dentist abhors pus, and condemns each tusk to extraction as soon as pressure sensitivity denotes the presence of pus confirmed, of course by Roentgenogram. With a deft nerve block, the operation is relatively painless, unless the abscess interferes with the penetration of the novacaine. I speak with conviction on this point since a recent ordeal when my extractor had to go on with the job willingly, since he could not back up. All I could do was grunt! However the ordeal soon was over and I can chew once more with two lovely new cuspid teeth on my partial clasper.

My dental friend revealed still another application of ingenuity by relating the story of his extraction of an overdue payment from an Arm of the Law for whom he had made a complete set of dentures. They were made with more than usual care to obviate possible retaliation. In spite of this, all subsequent bills were ignored. "I was no better off with this apple-snatcher", said my friend, "than a push-cart vendor. Months later", he said, "I met the defaulter face to face on the sidewalk. 'Why' ", I asked him, "haven't I heard from you before this?" "They ain't right, Doc, that's why". "Where do they hurt?", I asked. "Let me see them". The officer took out the upper plate and pointed. "It rubs right there", he said. My friend carefully inspected his handiwork, then placed it in his pocket and started away. "Hey, doc, gimme back my teeth!" cried the gendarme. "They are my teeth until you pay for them," was the dentist's parting shot.

"So he gave up eating", I suggested. "Not he!" came the answer, "but two hours later he showed up at my office with the money. So we both ate that evening!"

By coincidence, the Science News Letter of July 9th, 1955 carried the following item, 'false teeth of vinyl resine just bounce back if accidentally dropped on a tile bathroom floor. Palate and teeth are molded as a single unit, eliminating joints which may be penetrated by dirt or moisture. . . . Light in weight, the denture is available in several shades to closely match natural teeth.'

No one, I am sure, could understand the depth of my dejection that night on the train for Cleveland unless he (or she) too had seen his (or her) brand new teeth disappear in the brand new collapsing sink of the Pullman roomette right below the plainly printed sign warning passengers to leave no objects on said sink while emptying the water. There I was, faced with a brand new grandchild, but more poignantly, a round of celebrations that would demand a full quota of teeth for looks and for digestion. What to do? !

Should I stop the train and have a track walker sent back to search the last few miles of road bed? Would there be time to wire for a duplicate set to be made up and flown out? Visions of Boniface Gruber's hearty viands arose to complicate decisions. My empty jaws swam at the prospect of deprivation.

Finally I found the porter's bell and rang for help. Eventually George appeared. "Don't worry, Suh", he said, "I'll

(Continued on Page 15)

from an editorial in the J.A.M.A.
(156:991, Nov. 6, 1954):

Oral broad spectrum antibiotic therapy may cause infection with Candida albicans

A new concept in antibiotic therapy

antibacterial therapy
plus
antifungal prophylaxis
in one capsule

Each Mysteclin capsule, containing 250 milligrams of tetracycline hydrochloride and 250,000 units of nystatin, costs the patient only a few pennies more than does tetracycline alone.

Minimum adult dose: 1 capsule q.i.d.
Supply: Bottles of 12 and 100.

MYSTECLIN

SQUIBB TETRACYCLINE—NYSTATIN

antibacterial · antifungal

'MYSTECLIN' IS A SQUIBB TRADEMARK.

SQUIBB

LIST OF OFFICERS and COMMITTEES FOR 1955-'56

Joseph P. Derby, M. D., President
Harold J. Holloran, M.D., President-Elect
Allen G. Rice, M. D., Secretary
Howard Brown, M.D., Treasurer

Executive Committee:

John Burke, M.D.
Joseph Rini, M.D.
Robert G. Ernst, M.D.
Donald Hayes, M.D.

P.R. Councillor: Thos. F. Reilly, M.D.
Alternates: Joseph W. Kresock, M.D.
Howard Simpson, M.D.

SUBCOMMITTEES

a.) TELEVISION AND RADIO
John Burke, M.D., Chairman
Allen Rice, M.D., Vice-Chairman
Thomas A. Doe, M.D.
Robert LaMarche, M.D.
George Corcoran, Jr., M.D.
Joseph Schiff, M.D.
Herbert Toombs, M.D.
Peter Zarecki, M.D.

b.) SPEAKERS BUREAU:
Allen Rice, M.D., Chairman
Joseph Rini, M.D., Vice-Chairman
Donald Weatherbee, M.D.
Frank Jordan, M.D.
Noah Feldman, M.D.
Charles Diamond, M.D.

c.) PRESS RELATIONS
Thos. F. Reilly, M.D., Chairman
Joseph W. Kresock, M.D., Vice-Ch.
Howard Simpson, M.D., Vice-Ch.
Joseph P. Derby, M.D.
Harold J. Holloran, M.D.
Allen Rice, M.D.

d.) MEDICAL FORUMS:
John Burke, M.D., Chairman
Howard Brown, M.D., Vice-Chair.
Jerome Whitney, M.D.
Myles Illingworth, M.D.
Ellsworth Twible, M.D.
Bernard Gilchrist, M.D.
Al. Bloniarz, M.D.
Charles Derrick, M.D.
John Tate, M.D.
Walter S. Mozden, M.D.
William Coen, M.D.

e.) WAYS AND MEANS:
Howard Brown, M.D., Chairman
Allen Rice, M.D.
Joseph P. Derby, M.D.

f.) SAFETY COMMITTEE:
Prevention of Accidents and Acute Poisoning in Children.
Thomas F. Reilly, M.D., Chairman
Joseph W. Kresock, M.D., V-Ch.
Howard W. Simpson, M.D. V-Ch.
Joseph P. Derby, M.D.
Harold J. Holloran, M.D.
Allen Rice, M.D .
Howard Brown, M.D.

PREMATURE PROGRESS

At long last a concerted attack has been aimed at bettering the lot of premature infants. All other infant mortality statistics have improved except these. Studies have shown that the most fundamental corrective move is assigning the care of the infant to a single individual at the moment of birth, whether it be the pediatrician or the anesthetist as is the practice at the Sloane Maternity unit of the Presbyterian Medical Center.

Dr. Virginia Apgar, the Director of Anesthesia at this New York institution, recently presented the results of current pertinent studies of the problem undertaken in her hospital to the combined clinical staffs at the Holyoke Hospital. Details may be found in her recently published articles, (q.v.).

According to her report, another old shibboleth must be discarded. The newborn infant needs no intrauterine degree of heat after birth. Suitable temperatures of the sleeping quarters of infants from 5 to 8 pounds in weight have been found to range between 67 and 73 degrees Farenheit. We have been over-protective, it woud seem, to these new yet not-so-fragile arrivals. Nevertheless, one old-time skeptic arose during the discussion to remark that, if he must be born again, he wants no ice-cubes in his bassinet!

and Theragran gives therapeutic results

THERAGRAN

THERAPEUTIC FORMULA VITAMIN CAPSULES SQUIBB

Each Theragran Capsule supplies:

Vitamin A (synthetic)	25,000 U.S.P. Units
Vitamin D	1,000 U.S.P. Units
Thiamine Mononitrate	10 mg.
Riboflavin	10 mg.
Niacinamide	150 mg.
Ascorbic Acid	150 mg.

1 or more capsules daily

bottles of 30, 100 and 1000.

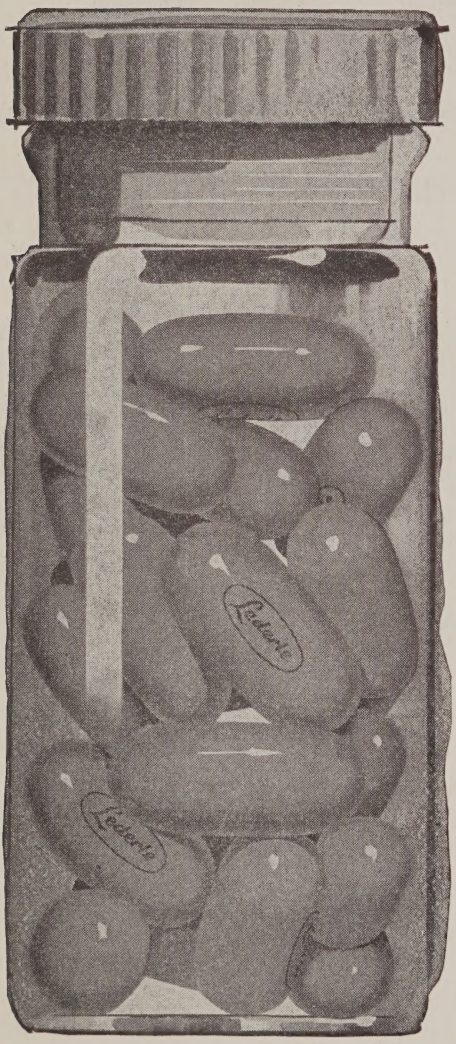
SQUIBB

'THERAGRAN' IS A SQUIBB TRADEMARK

most prescribed broad-spectrum antibiotic

ACHROMYCIN*

Hydrochloride
Tetracycline HCl *Lederle*



In less than two years, ACHROMYCIN has become the leader in its field.

Next time you find a broad-spectrum antibiotic is indicated, remember these facts about ACHROMYCIN: it is especially well tolerated by persons of all ages; it diffuses rapidly and provides prompt control of infection; it has proved effective against Gram-positive and Gram-negative bacteria, rickettsia, and certain viruses and protozoa; every gram is made in Lederle's own laboratories under rigid quality controls.

Today's foremost antibiotic!

Lederle

LEDERLE LABORATORIES DIVISION
AMERICAN Cyanamid COMPANY
Pearl River, New York

*REG. U.S. PAT. OFF.

Dear Hippocrat:

The A.M.A. is strongly opposed to the compulsory disability "insurance" features of proposed legislation. Dr. Gunnar Gundersen, Chairman of the Board of Trustees, termed the proposal to extend social security payments to the disabled "strictly a political maneuver to influence votes."

"If the American people are going to retain their right to spend their money as they wish, they must stand up now and vigorously fight these super-Santa Claus proposals born of politics," Dr. Gundersen said in the release, adding: "The proposals contained in this bill actually provide an illusory benefit at the cost of ever-increasing taxation and loss of personal freedom."

"A move by the majority of the committee to railroad through the House without public hearings an amendment to the Social Security Act which would provide national compulsory disability insurance is an outrage.

"It is not easy to criticize national legislation which superficially appears to be a humanitarian effort to help disabled persons, and it takes courage for a politician to oppose it. Therefore, it is imperative that the American people take a strong stand against this proposal which, if adopted, will go far toward the nationalization of medicine.

"The levying of additional social security taxes by the federal government in order to distribute cash benefits to the permanently and totally disabled would inevitably be followed by federal control of the nation's physicians, who would be forced to carry out the regulations established by the government."

Geo. F. Tull, M.D., Sec.

PASS THE PLATE
(from Page 10)

git 'em for yuh in de mawnin' ". And he did, with the help of a quarter to pry the basin free. There, pink and sparkling sat my teeth on a coarse wire screen built for boobs who don't believe in signs. Grandpa smiled again! E. B.

A GRAVE RESPONSIBILITY

You, the physician, are responsible for the health of Hampden County.

The American Medical Association has accepted this responsibility nationally and the Hampden District Medical Society as one basic unit of the Association must accept it locally.

We shall be accused of monoply and feathering our nest by pseudo-physicians. We must answer this challenge with altruistic non-profit labor and planning which is never found in the opposition.

We must not be tolerant, with tongue in cheek, with osteopaths, chiropractors, or the more recent unlicensed dabblers in treatment of mental diseases and those treating muscular, or bone conditions under the banner of Rehabilitation.

We know their activities and grave errors through lack of medical training. These must be reported to the proper authorities. The laws of the Commonwealth are quite clear in this matter and it is your duty and obligation to bring these law-breakers to justice — let the chips fall where they may.

Above all you are equally guilty if you "front" for, or cooperate with such activities. Your society can do nothing other than support you to the fullest. The law will not take action without formal complaint. Convictions must be supported by evidence.

HOT FLASHES

CAST CUTTER takes much of the pain out of the removal of plaster casts from healed fractures. Before applying the cast, two wires are placed on the splinted limb. To remove the cast, one end of the wire is attached to a hand tool which winds up the wire, thereby splitting the cast.

* * * *

Effective termite inspection without extensive damage to walls and flooring is promissed by a new listening device.

Sc. N. L., July 9, 1955

Sat. Eve. Postings by P. Jones

Parents who never strike their children in anger probably can't run fast enough.

. .

The man who can make a woman listen usually does it by talking to someone else.

. .

A lot of women are trying to see who can get the most out of an evening gown.

. .

The safest way to knock the chip off a fellow's shoulder is by patting him on the back.

A new hat usually gives a woman enough courage to tell her husband how much it cost.

. .

Nothing makes a child worse-behaved than belonging to a neighbor.

There is one vehicle for every 700 feet of every lane in both directions of all streets and highways in the United States today. Sc. N. L.

* * * *

Mary had a little lamb with green peas on the side. The bill came to six dollars and her sweetheart nearly died.

A NEW PLAN OF INCOME PROTECTION
For Members Of The MEDICAL PROFESSION IN MASSACHUSETTS
INCOME PROTECTION WITH LIFETIME BENEFITS
HELP PROTECT YOU AGAINST ECONOMIC DEATH
The Mental Anguish Resulting From Loss of Professional Income Because of Accident or Sickness May Be Banished Under Our Maximum Benefit Accident and Sickness
POLICY FORMS PG 200N and UG200N
PROFESSIONAL MEN'S PROGRAM
Available To Eligible Members of the Medical Profession

Accident Benefits — No House Confinement Required.
Pays You For — Total disability, if incurred before age 60, per mo. for LIFE $400
Pays You For — Total disability, if incurred after age 60, per mo. for LIFE $200
Sickness Benefits — No House Confinement Required
Pays You For — Total disability, if incurred before age 60, per mo. for 24 mo. $400
PLUS — a monthly income thereafter FOR LIFE $200
Pays You For — Total disability, if incurred after age 60, per mo. for 24 mos. $200
PLUS — a monthly income thereafter FOR LIFE $100
Specific Loss Benefits
Loss of both hands or arms $10,000—Loss of both feet or legs $10,000—Loss of both eyes $10,000
Loss of one hand or one arm $3,000 — Loss of one foot or one leg $3,000
Loss of either eye $3,000 — Loss of one hand and one foot $10,000

MUTUAL OF OMAHA
Has Paid More Than
$500,000,000.00
IN BENEFITS TO POLICYOWNERS

THE WORLD'S LARGEST EXCLUSIVE HEALTH & ACCIDENT COMPANY

For complete details on this new Professional Men's Income Plan write to:

WESTERN MASSACHUSETTS DIVISION OFFICE

REX B. SHANNON, ASSOCIATES
10th Floor,
95 State Street
SPRINGFIELD
MASSACHUSETTS